# The Hawk's Eye

#### Weekly News from Hope Elementary School



#### **Upcoming Events for Your Calendar**

March 15th - Staff vs. Student Basketball game	
March 17th - No School (Teacher workshop day) March 21st - Budget Workshop (6PM) March 21st - Budget Workshop (6PM) March 24th - Family Movie Night (6-8PM) - see flyer April 3rd - HES Volunteer meeting (6:30PM) April 10th - HES School Committee meeting (6PM) <u>Zoom Link</u> April 10th - HES School Committee meeting (6PM) <u>Zoom Link</u> April 10th - HES School Committee meeting (6PM) <u>Zoom Link</u> April 10th - HES School Committee meeting (6PM) <u>Zoom Link</u> April 10th - HES School Committee meeting (6PM) <u>Zoom Link</u> April 10th - HES School (Spring Break) June 1st - K-4 Spring Concert (6PM) June 8th - 5-8 Spring Concert (6PM) June 21st - 8th Grade Graduation (subject to change) June 22nd - Last day of school We have used three snow day so far this school year.	iness



"Success is liking yourself, liking what you do, and liking how you do it." ~Maya Angelou



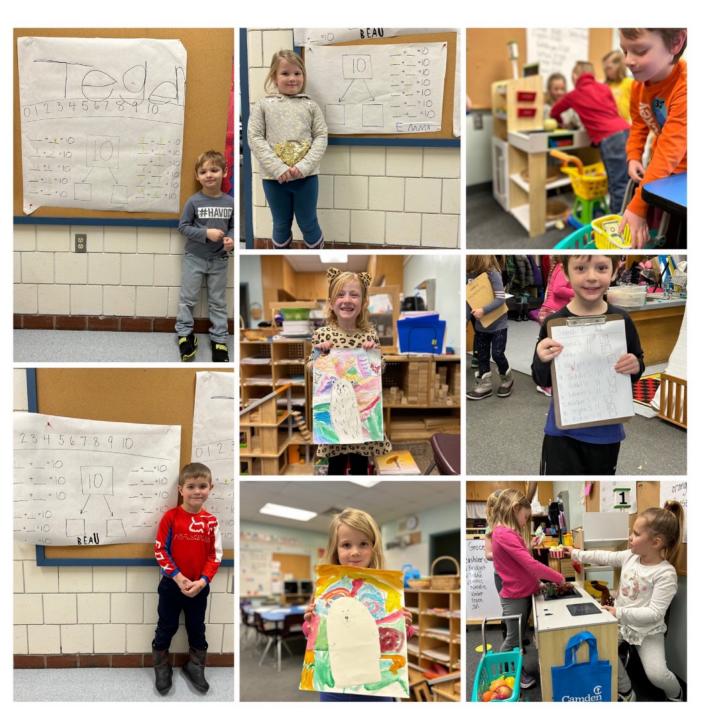
Congratulations to Adelaide L. (7th Grade), the Knox County Spelling Bee Champion! Adelaide will next compete in the Maine State Spelling Bee, on March 25th at Bowdoin College. Quinn R. (8th grade) also competed in the Bee.



The HES Pre-K is now accepting applications for fall enrollment. Please register students using the following link: 2023-24 Registration



Sign up for winter flag football!



#### Kindergarten has been working hard on all kinds of fun subjects this week!

### THE HES VOLUNTEER GROUP PRESENTS

Family Movie Night



Wear your PJ's! Bring a pillow and a sleeping bag!

> FRIDAY, March 24th 6-8PM

# STUDENTS MUST BE ACCOMPANIED BY AN ADULT!

Pizza – \$2 a slice Also baked goods and drinks for sale All proceeds benefit the HES Volunteer Group

R.S.V.P. to: hesoffice@fivetowns.net

## Hope Elementary School Menu



## February 2023

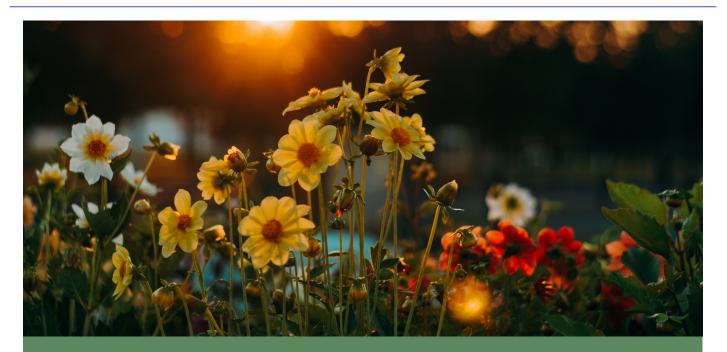
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
30	31	1		2	3
	Grilled Cheese w/Chips Fruit/Veggies/Milk	Ham & Cheese Rollup Sandwich w/Chips	Pancakes & Sausage Fruit/Veggies/Milk	Cheese Pizza Fruit/Veggies/Milk	
	B: Muffins	B: Cereal Bars	B: Fruit Salad	B: Muffins	
6	7	8		9	10
Beef Tacos Fruit/Veggies/Milk	Chicken & Broccoli Stromboli Fruit/Veggies/Milk	Chicken Nuggets & Fries Fruit/Veggies/Milk	Beef Chili Fruit/Veggies/Milk	Pepperoni Pizza Fruit/Veggies/Milk	
B: Cinnamon Rolls	B: Cereal	B: Yogurt Parfait	B: Cereal Bars	B: Muffins	
13	14	15		16	17
Crispy Chicken Sandwich Fruit/Veggies/Milk	Meatloaf & Mashed Potatoes Fruit/Veggies/Milk	Hot Dogs w/Chips Fruit/Veggies/Milk	Macaroni & Cheese Fruit/Veggies/Milk	Cheese Pizza Fruit/Veggies/Milk	
B: Scones	B: Fruit Salad	B: Cereal	B: Muffins	B: Cereal Bars	
20	21	22		23	24
NO SCHOOL WINTER BREAK	NO SCHOOL WINTER BREAK	NO SCHOOL WINTER BREAK	NO SCHOOL WINTER BREAK	NO SCHOOL WINTER BREAK	
27	28				
Spaghetti w/Meat Sauce Fruit/Veggies/Milk	Cheese Raviolis Fruit/Veggies/Milk				
B: Cereal	B: Muffins				
<b>Student meals are free.</b> Milk without a meal is \$.40 Adult meal: \$4	Breakfast includes protein, fruit, whole grain, and milk. Lunch options include a choice of salad, bagel, or sandwich/entrée of the day. Fruit, a whole grain item, veggie slices and milk are offered with all meals. Menu is subject to change.			HES is an equal opportunity pro Payments should be made payab Hope Elementary S https://kl2paymentcente	ole to: School

#### PAGE GALLERY

February brings Page Gallery's third annual Youth Art Show. The gallery is offering free postcards at 23 Bay View Street in Camden with a prompt for children of all ages to create a piece of art using paint, pencil, crayon or collage to depict their favorite animal. Finished postcards can be dropped off or mailed to the gallery for installation throughout the month of February. Gallery visitors will be invited to participate in activities stationed throughout the exhibition including, on site community painting that borrows shapes and ideas from Matisse's paintings and cut outs, a weaving project on a loom and paper cutting activities. Puppet making supplies will be available as well and visitors are encouraged to put on plays in the gallery's puppet theater.

In collaboration with the Camden Public Library, the gallery will host two special events during the exhibition. The children's librarian, Miss Amy, will convene a special Saturday story time in the gallery on February 18th from 1:00 - 2:00 pm and will host a crafting session with Creative Art Afternoon kids in the gallery from 4:00 - 5:00 pm on Thursday, February 23rd. These programs are free and open to the public.





# HES FLOWER POWER FUNDRAISER

The Hope Elementary 8th grade class will be raising funds for their class trips, graduation and class gift for the school.

Please consider helping them to reach their goals while making your gardens beautiful at the same time! Order spring bulbs, seeds and berries all online.

All orders can be purchased online until April 14th and shipped directly to you for \$6.99 no matter how big or small your order!

https://www.flowerpowerfundraising.com/index.php/marketplace/seller/profile/shop/hes8thgrade

## **SUMMER CAMP** KNOW BEFORE YOU GO!

#### Your child is in good hands.

#### We can't wait to welcome your child to enjoy summer as it should be... fun, action-packed, and most of all, safe!

#### What information is needed to register for Summer Camp?

- Camp Registration Form, Payment/Cancelation/Change Agreement, Camp Waivers and Camp Payment Plan (if not paying in full) must ALL be completed to register.
- Immunization Records are due by May 31st. You may print records from MyChart and bring to our Rockport branch or your child's doctor may fax records to the Y at 236.8458. If registering after May 31st, records must be provided at the time of registration.

All camp forms can be found online at <u>www.penbayymca.org</u>. Forms can be printed and dropped at the Rockport branch OR completed online and emailed to: <u>bblake@penbayymca.org</u>.

#### Camp Day Activities Include:

- Swimming
- Hiking Arts & crafts
- Movies
- Various field games
- STEM projects
- Nutrition education
- And much more!

Please note: Activities may differ from camp to camp, and be location specific.

#### Sickness Policy:

- Please keep your child home if they are sick (fever, vomiting, diarrhea, etc.)
- Before returning to camp after an illness, your child must be symptom free for 24 hours without medication

Keeping your child healthy: Talk with your child about washing hands, keeping hands away from mouth, nose and eyes and not sharing food or beverages.

#### YMCA Bus

A bus is available to and from the Thomaston Municipal Building for a non-fundable charge of \$25 per week, per camper. The bus is a first-come, first-serve basis, seating will be limited. The bus departs at 8:45 AM and returns to the Thomaston Municipal Building by 4:30 PM. To reserve your child's seat, please speak with Benjie Blake, 236.8201 or email bblake@penbayymca.orq. Please note: The Y will follow all CDC Guidelines and Protocols.

#### Financial Assistance

Did you know? Financial Assistance is another avenue provided by the Y to fulfill our mission of promoting youth development, healthy living and the social responsibility. Y camps are accessible to everyone regardless of financial need and we are proud to say that no child is turned away.

- DHHS Assistance Department of Health and Human Services (DHHS) may provide financial assistance for all weeks of summer camp to qualifying families. For more information, visit www.maine.gov/mymaineconnections or call the Rockland office at 596.4200. If you are approved, please contact Meredith Gutheinz: <u>moutheinz@penbayymca.org</u> or 236.3375 x 250, to provide a copy of the DHHS letter which shows the amount they will pay and what your parent fee will be.
- Y Financial Assistance Applications are available at the Y or on our website at www.penbayymca.org. Once Y financial assistance is awarded, you will receive a letter in the mail. You are responsible for paying the remaining balance prior to the weeks of camp awarded.





FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

# Penobscot Bay YMCA DISCOVERY CAMP

#### Ages 4-6

Please Note: Campers must meet Fall 2023 Kindergarten public school eligibility and be born before 10/15/18.

**Discovery Camp** is designed for first time campers! This all day camp is geared toward children who have completed or are eligible for Kindergarten. Your camper will be excited about new experiences while having the comfort of a consistent routine. Campers will participate in a variety of arts, crafts and games with weekly adventures to some favorite local spots.

#### WHAT IT'S ALL ABOUT:

- This all day camp runs from 9:00 AM 4:00 PM.
- Before & After Care are available for this camp at the Penobscot Bay YMCA (\*NEW LOCATION\*) for an additional fee. If registered by May 31st, Before & After Care requires a 50% down payment. If registered after, Before & After Care must be paid in full.
- Before Care runs 7:30-9:00 AM.
- After Care runs 4:00-5:30 PM.
- Parents who do not participate in Before Care may drop off their campers at the Y between 9:00 - 9:15 AM.
- Discovery Camp kids are bused each morning at 9:15 AM from the Penobscot Bay YMCA to the Lincolnville Central School.
- Parents wishing to drop off their campers at LCS, may arrive after 9:30 AM.
- All campers must be checked in by Y Camp Staff.
- Campers who are not enrolled in After Care may be picked up at LCS by 3:30 PM.
- Campers will be bused from LCS to the Penobscot Bay YMCA and arrive at 4:00 PM for pickup or After Care.
- Weekly activities include art, indoor/outdoor games, reading and visits to local beaches and parks.
- Discovery Camp will enjoy local field trips on Wednesdays and Fridays to local parks, beaches, and other exciting adventures (if busing campers can be done safely, while following CDC protocols).

EVERY WEEK IS AN ADVENTURE!

HOME BASE LOCATION:

#### SUMMER CAMP DATES:

- Week 1: June 20 June 23\*
- Week 2: June 26 30
- Week 3: July 3 7\*
- Week 4: July 10 14
- Week 5: July 17 21
- Week 6: July 24 28
- Week 7: July 31 August 4
- Week 8: August 7 11
- Week 9: August 14 18
   \*4-Day Week Prorated Camp Rate

#### WEEKLY COST: Members: \$195/week Participants: \$245/week

- Before & After Care: \$40/week (for each)
- If registered by May 31st, Before & After Care requires a 50% down payment. If registered after, Before & After Care must be paid in full.
- Financial assistance is available. Please inquire at our front desk.
- Benjie Blake, Camp Director: 236.8201 or email: bblake@penbayymca.org

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## Penobscot Bay YMCA **SNOW BOWL CAMP** JUNIORS: AGES 7-8 • SENIORS: AGES 9-10

Please Note: Campers must be 7 years old at the start of their camp week.

Get ready for some fun this summer at **Snow Bowl Camp**, presented by the Penobscot Bay YMCA. Campers will experience traditional camp excitement with a cool new twist each week! Our staff are specifically trained to have fun with safety being their #1 priority. Every Camp Counselor is certified in First Aid, CPR & AED with several being Red Cross Certified Lifeguards. Our staff have also been trained in bullying prevention.

#### WHAT IT'S ALL ABOUT:

- This all day camp runs from 9:00 AM 4:00 PM.
- Snow Bowl Camp runs Monday-Friday for kids ages 7-10.
- Before & After Care are available for this camp at the Snow Bowl for an additional fee. If registered by May 31st, Before & After Care requires a 50% down payment. If registered after, Before & After Care must be paid in full.
- Before Care runs from 7:30 9:00 AM.
- After Care runs from 4:00 5:30 PM.
- Parents who do not participate in Before Care may drop their campers off at 9:00 AM.
- All campers must be checked in by Y Camp Staff.
- Campers who are not enrolled in After Care should be picked up at the Snow Bowl by 4:00 PM.
- Campers enrolled After Care will stay at the Snow Bowl.
- Each week consists of swimming, field games, arts & crafts, nature hikes, STEM projects, canoeing and more!
- Campers wishing to swim without personal floatation device (PFD) will be swim tested.
- Snow Bowl Camp will enjoy local field trips on Tuesdays and Thursdays to local parks, beaches, and exciting adventures (if busing campers can be done safely, while following CDC protocols).

# EVERY WEEK IS AN ADVENTURE!

**HOME BASE LOCATION:** © Camden Snow Bowl

#### **SUMMER CAMP DATES:**

- Week 1: June 20 June 23\*
- Week 2: June 26 30
- Week 3: July 3 7\*
- Week 4: July 10 14
- Week 5: July 17 21
- Week 6: July 24 28
- Week 7: July 31 August 4
- Week 8: August 7 11
- / Week 9: August 14 18

\*4-Day Week - Prorated Camp Rate

#### WEEKLY COST: Members: \$190/week

- Participants: \$230/week
  Before & After Care:
- Before & After Care: \$40/week (for each)
- If registered by May 31st, Before & After Care requires a 50% down payment. If registered after, Before & After Care must be paid in full.
- Financial assistance is available. Please inquire at our front desk.
- Benjie Blake, Camp Director: 236.8201 or email: bblake@penbayymca.org

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## Penobscot Bay YMCA CAMP WONDER Ages 7-10

#### Please Note: Campers must be 7 years old at the start of their camp week.

Come enjoy summer with **Camp Wonder** where campers make new friends and gain self-confidence! Each week campers enjoy activities such as sports, games, arts & crafts, reading, swimming and weekly field trips! Every Camp Counselor is certified in First Aid, CPR & AED with some being Red Cross Certified Lifeguards. Our staff have also been trained in bullying prevention. A low camper-to-staff ratio makes our camp a perfect choice for parents who need a fun, safe place for their children during summer break with safety being their #1 priority.

#### WHAT IT'S ALL ABOUT:

- This all day camp runs from 9:00 AM 4:00 PM.
- Camp Wonder runs Monday-Friday for kids ages 7-10.
- The Home Base for Camp Wonder is at the Thomaston Municipal Building.
- Before & After Care are available for this camp at the Thomaston Municipal Building for an additional fee. If registered by May 31st, Before & After Care requires a 50% down payment. If registered after, Before & After Care must be paid in full.
- Before Care runs from 7:30 9:00 AM.
- After Care runs from 4:00 5:30 PM.
- All campers must be checked in by Y Camp Staff.
- Parents who do not participate in Before Care may drop their campers off at 9:00 AM.
- Campers enrolled in After Care will stay at the Thomaston Municipal Building.
- Campers who are not enrolled in After Care should be picked up at the Thomaston Municipal Building by 4:00 PM.
- Each week consists of art, indoor and outdoor games, reading, and many other fun activities.
- Camp Wonder will enjoy field trips on Tuesdays and Thursdays to local parks, beaches, and other exciting adventures (if busing campers can be done safely, while following CDC protocols).

# EVERY WEEK IS AN ADVENTURE!

**HOME BASE LOCATION:** Thomaston Municipal Building

#### **SUMMER CAMP DATES:**

- Week 1: June 20 June 23\*
- Week 2: June 26 30
- Week 3: July 3 7\*
- Week 4: July 10 14
- Week 5: July 17 21
- Week 6: July 24 28
- Week 7: July 31 August 4
- Week 8: August 7 11
- Week 9: August 14 18
  - \*4-Day Week Prorated Camp Rate

#### WEEKLY COST: Members: \$180/week Participants: \$180/week

- Before & After Care:
   <u>\$40/wee</u>k (for each)
- If registered by May 31st, Before & After Care requires a 50% down payment. If registered after, Before & After Care must be paid in full.
- Financial assistance is available. Please inquire at our front desk.
- Benjie Blake, Camp Director: 236.8201 or email: bblake@penbayymca.org



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## Penobscot Bay YMCA **ADVENTURE CAMP** Ages 11-13

Our **Adventure Day Camp** is geared for pre-teens & teens who love spending time with their friends and are looking for some adventure this summer! This camp is designed to give campers a new and exciting experience beyond our traditional camp programs. Every Camp Counselor is certified in First Aid, CPR & AED with some being Red Cross Certified Lifeguards. Our staff have also been trained in bullying prevention. Every day, our campers will experience exploring the outdoors, hiking, boating, swimming, fishing, climbing and group challenges. These older youth will have all of fun of a summer camp in a more mature environment.

#### WHAT IT'S ALL ABOUT:

- This all day camp runs from 9:00 AM 4:00 PM.
- Adventure Camp is Monday-Friday for kids ages 11-13.
- Before & After Care are available for this camp at the Snow Bowl for an additional fee. If registered by May 31st, Before & After Care requires a 50% down payment. If registered after, Before & After Care must be paid in full.
- Before Care runs from 7:30 9:00 AM.
- After Care runs from 4:00 5:30 PM.
- Parents who do not participate in Before Care may drop their campers off at 9:00 AM.
- All campers must be checked in by YMCA Camp Staff.
- Campers who are not enrolled in After Care should be picked up at the Snow Bowl by 4:00 PM.
- Campers enrolled in After Care will stay at the Snow Bowl.

- Each week consists of outdoor exploration, team building, climbing, fishing, hiking, swimming and ecological education.
- Adventure Campers will explore local parks, beaches, other exciting adventures throughout the week (if busing campers can be done safely, while following CDC protocols).

# EVERY WEEK IS AN ADVENTURE!

HOME BASE LOCATION: Camden Snow Bowl

#### **SUMMER CAMP DATES:**

- Week 1: June 20 June 23\*
- Week 2: June 26 30
- Week 3: July 3 7\*
- Week 4: July 10 14
- Week 5: July 17 21
- Week 6: July 24 28
- Week 7: July 31 August 4
- Week 8: August 7 11
- Week 9: August 14 18
   \*4-Day Week Prorated Camp Rate

#### WEEKLY COST: Members: \$200/week Participants: \$250/week

- Before & After Care: \$40/week (for each)
- If registered by May 31st, Before & After Care requires a 50% down payment. If registered after, Before & After Care must be paid in full.
- Financial assistance is available.
   Please inquire at our front desk.
- Benjie Blake, Camp Director:
   236.8201 or email:
   bblake@penbayymca.org